

LOOKBOOK

NINE RED PRESENTS... (CIC)
BUTTERFLIES IN SHADES OF GREY



YOU ARE
NOT ALONE...



Social Enterprise

NINE RED PRESENTS... (CIC) IS A COMMUNITY INTEREST COMPANY FOUNDED BY ARTISTS AND CREATIVES DEBRA KNIGHT AND GORDON DAVIS, FOCUSING ON THE TRANSFORMATIVE POWER OF ART RELATED TO HEALING AND HERITAGE.

NRP PROMOTES HEALING, COMMUNITY ENGAGEMENT, AND CULTURAL EXPRESSION THROUGH ITS BELIEF IN "ART AS MEDICINE," SUPPORTING TRAUMA RECOVERY AND MENTAL HEALTH WHILE STRENGTHENING COMMUNITY TIES. THE ORGANISATION EMPHASISES COMMUNITY INVOLVEMENT BY INCLUDING LOCAL RESIDENTS IN PROJECT PLANNING, FOSTERING A SENSE OF OWNERSHIP.

KEY OBJECTIVES INCLUDE:

- ARTS EDUCATION AND SKILL DEVELOPMENT THROUGH WORKSHOPS IN VARIOUS DISCIPLINES.
- HERITAGE CONSERVATION BY ARCHIVING LOCAL NARRATIVES AND TRADITIONS, TRANSFORMING THEM INTO ARTISTIC EXPRESSIONS.
- COLLABORATING WITH LOCAL ARTISTS AND ORGANISATIONS TO ENHANCE PROJECT IMPACT AND CELEBRATE LOCAL CREATIVITY.

NRP PRIORITISES INCLUSIVITY AND DIVERSITY, AIMING TO ELEVATE MARGINALISED VOICES AND ENSURE BROAD PARTICIPATION IN THE ARTS.

...she won't be able to...
...anxiety...
...another step forward...
...NEWS...
...black History Month...
...stages events revive...

Culture goes on the timetable for Lea Manor

The exhibition...
...Lea Manor...
...culture...



...the end of this particular journey and felt it was an experience enough for her to be selected to perform in the Pan-African closing ceremony. This came to her because she didn't really expect to be selected. This role in the Pan-African closing ceremony was not just for her to complete her steps but to be part of the celebration...

From victim to award winner



Debra Knight is still feeling excitement about being named the winner of the Community Award for 2012. She said: "It really blew me away. I'm still processing it."



...the ceremony...

Read All About It!



The Mayor of Luton (Debra Knight)



...the name of fun...

Surprise visitor at Parkfest AAVS

Sandon's annual Parkfest AAVS had a surprise visitor - Shaun Wallace from The Chase. He posed for pictures with festival-goers, including organiser Debra Knight. The event raised more than £800 for Abuse Victim Support and was supported by the com...



Debra Knight with Shaun



TV star Shaun joins 'Party with a Purpose'

Family



NINE RED Presents... (CIC)

AT OUR ESSENCE, WE ARE ART UNDEFINED, PUSHING CREATIVE BOUNDARIES. FOUNDED IN 2003, WE BEGAN AS A DJ AND POET COLLABORATION, MERGING SOUND, COLOUR, AND MOVEMENT TO TELL STORIES. OVER THE YEARS, WE'VE DRAWN INSPIRATION FROM DIVERSE ART FORMS, CREATING CROSS-GENRE WORKS IN THEATRE, MULTIMEDIA, AND PROSE.

DESPITE PRESSURES TO CONFORM TO LABELS, OUR MULTIFACETED IDENTITY RESISTS DEFINITION. OUR ART CHALLENGES PERCEPTIONS, ENCOURAGING AUDIENCES TO SEE BEYOND LABELS AND UNDERSTAND DIVERSE PERSPECTIVES. ART UNDEFINED REPRESENTS OUR CORE: IT TRANSCENDS BRANDING OR CONCEPTS AND REFLECTS OUR NATURE AND WORK.

THROUGH OUR COMMERCIAL ENDEAVOURS, WE ADDRESS COMMUNITY NEEDS, SUPPORTING SOCIALLY DISADVANTAGED GROUPS, INCLUDING VICTIMS OF VIOLENCE AND MENTAL HEALTH ISSUES, OFFERING A HOLISTIC SUPPORT PACKAGE.

THINK ART? THINK THERAPY: THINK NINE RED!





Butterflies in Shades Of Grey

THE BUTTERFLIES IN SHADES OF GREY PROGRAMME IS A COMPREHENSIVE SUPPORT INITIATIVE DESIGNED TO ASSIST BOTH DIRECT AND INDIRECT VICTIMS OF DOMESTIC AND SEXUAL VIOLENCE. THIS PROGRAMME ACKNOWLEDGES THE COMPLEX NATURE OF TRAUMA AND OFFERS A MULTI-FACETED APPROACH TO HEALING AND EMPOWERMENT.

AT THE HEART OF THE PROGRAMME IS THE PROVISION OF FREE, CONFIDENTIAL ONE-TO-ONE COUNSELLING, WHICH CREATES A SAFE SPACE FOR INDIVIDUALS TO EXPLORE THEIR EXPERIENCES AND EMOTIONS. IN ADDITION TO COUNSELLING, ART THERAPY IS PROVIDED AS A CREATIVE OUTLET FOR PARTICIPANTS TO EXPRESS THEMSELVES AND PROCESS THEIR TRAUMA THROUGH VARIOUS ARTISTIC MEDIUMS, FOSTERING A SENSE OF HEALING AND PERSONAL GROWTH.

ADVOCACY IS A KEY COMPONENT OF THE PROGRAMME, ENSURING THAT VICTIMS, BOTH DIRECT AND INDIRECT, ARE HEARD AND RECEIVE THE NECESSARY RESOURCES, GUIDANCE, AND SUPPORT TO NAVIGATE THEIR JOURNEYS TOWARDS RECOVERY. THIS HOLISTIC APPROACH EXTENDS TO SPORT THERAPY, INTEGRATING PHYSICAL ACTIVITY AS A MEANS OF BUILDING RESILIENCE AND PROMOTING WELL-BEING. PROGRAMMES LIKE "SQUASH IT!" NOT ONLY ENGAGE PARTICIPANTS IN SPORTS BUT ALSO PROVIDE MENTORSHIP, ENCOURAGING PERSONAL DEVELOPMENT AND A SENSE OF COMMUNITY.

FURTHERMORE, THE INITIATIVE EMPHASISES THE CULTIVATION OF PERSONAL DEVELOPMENT SKILLS, EQUIPPING PARTICIPANTS WITH TOOLS AND TECHNIQUES TO ENHANCE THEIR OVERALL WELL-BEING AND CONFIDENCE. THROUGH WORKSHOPS AND SUPPORTIVE ENVIRONMENTS, THE PROGRAMME AIMS TO EMPOWER VICTIMS, HELPING THEM RECLAIM THEIR NARRATIVES AND MOVE FORWARD IN THEIR LIVES WITH STRENGTH AND RESILIENCE.

SERVICES INCLUDE:- THE AVS PROJECT, BE HEARD, BEYOND THE SHADOWS, THE SQUASH IT! AND BE A SAFE ALLY (YOUTH) PROGRAMME, WOMEN'S LISTENING CIRCLES.

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The AVS Project

INITIATED IN 2001 BY A GROUP OF SURVIVORS, THE AVS PROJECT ADDRESSED SIGNIFICANT GAPS IN SERVICE PROVISION FOR INDIVIDUALS AFFECTED BY DOMESTIC VIOLENCE, SEXUAL ABUSE, AND RAPE. FOUNDED ON THE "FOR US, BY US" PRINCIPLE, THIS HOLISTIC PROGRAMME HAS EVOLVED OVER TWO DECADES INTO A QUEEN'S AWARD-WINNING INITIATIVE.

TODAY, THE AVS PROJECT OFFERS IMMEDIATE, FREE, AND CONFIDENTIAL ONE-TO-ONE COUNSELLING AND ART THERAPY IN SAFE ENVIRONMENTS, AVAILABLE TO ANYONE AFFECTED BY THESE ISSUES, WHETHER DIRECTLY OR INDIRECTLY.

IN PARTNERSHIP WITH BEDFORDSHIRE POLICE, THE BE HEARD! CAMPAIGN SPECIFICALLY SUPPORTS INDIVIDUALS FROM THE CARIBBEAN COMMUNITY, EMPHASISING INCLUSIVE AND CULTURALLY SENSITIVE APPROACHES TO TRAUMA RECOVERY. THE AVS PROJECT SERVES AS A BEACON OF HOPE, ILLUSTRATING THE PROFOUND IMPACT OF COMMUNITY-LED SUPPORT INITIATIVES



Be Heard

THE "BE HEARD" CAMPAIGN IS A TRANSFORMATIVE INITIATIVE DESIGNED TO SUPPORT FEMALE VICTIMS OF DOMESTIC AND/OR SEXUAL VIOLENCE, AS WELL AS THE INDIRECT VICTIMS AFFECTED BY THIS VIOLENCE. IT ADDRESSES MATTERS OF SEXUAL OR DOMESTIC ASSAULT WITH UNDERLYING INTERSECTIONAL DISCRIMINATION, SUCH AS RACIST SEXISM AND SEXIST RACISM. LAUNCHED BY NINE RED PRESENTS.. (CIC) IN COLLABORATION WITH BEDFORDSHIRE POLICE AND WOCIP, THIS PROGRAMME AIMS TO CREATE A SAFE AND EMPOWERING ENVIRONMENT WHERE THOSE AFFECTED BY SEXUAL AND DOMESTIC VIOLENCE CAN FIND THEIR VOICE, RECEIVE ESSENTIAL SUPPORT, AND RECLAIM THEIR NARRATIVES.



BEYOND THE SHADOWS: INVISIBLE INDIRECT VICTIMS OF DOMESTIC AND SEXUAL VIOLENCE

Beyond the Shadows.

BEYOND THE SHADOWS IS A DEDICATED SUPPORT PROGRAM FOR INDIVIDUALS INDIRECTLY AFFECTED BY DOMESTIC AND SEXUAL VIOLENCE IN BEDFORDSHIRE, ENGLAND. WE RECOGNISE THAT THE IMPACT OF SUCH TRAUMA EXTENDS BEYOND DIRECT VICTIMS, AFFECTING FAMILIES, FRIENDS, AND ENTIRE COMMUNITIES. OUR PROGRAM OFFERS A SAFE AND NURTURING ENVIRONMENT DESIGNED TO EMPOWER PARTICIPANTS THROUGH SUPPORT, EDUCATION, AND COMMUNITY CONNECTION.

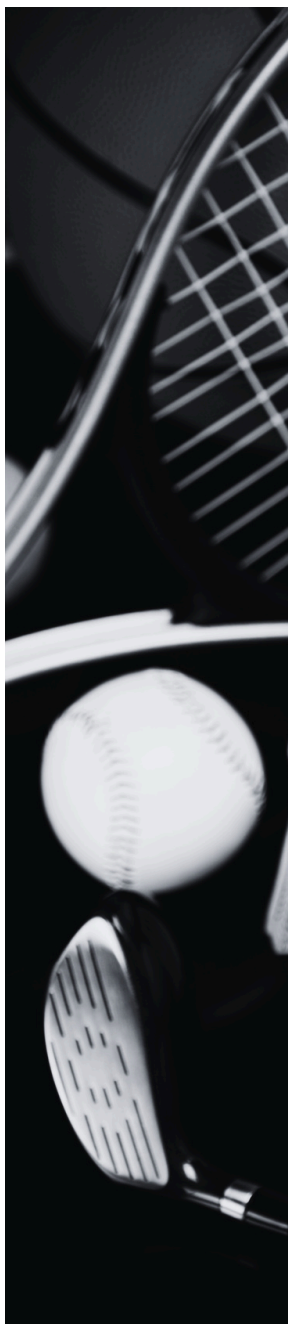
CREATED TO:-

- **RAISE AWARENESS:** IMPROVE UNDERSTANDING OF HOW DOMESTIC AND SEXUAL VIOLENCE AFFECTS INDIRECT VICTIMS, CONSIDERING FACTORS SUCH AS AGE, GENDER, DISABILITY, MENTAL HEALTH, AND CULTURAL BACKGROUND.
- **OFFER SUPPORT SERVICES:** PROVIDE EMOTIONAL AND PRACTICAL ASSISTANCE TAILORED TO THOSE NAVIGATING THE TRAUMA ASSOCIATED WITH A LOVED ONE'S EXPERIENCE.
- **FOSTER COMMUNITY ENGAGEMENT:** CREATE A WELCOMING ATMOSPHERE THAT ENCOURAGES SHARED HEALING AND A SENSE OF BELONGING.
- **FACILITATE RESOURCE ACCESS:** CONNECT PARTICIPANTS WITH VITAL RESOURCES, INCLUDING COUNSELLING, LEGAL SUPPORT, AND VARIOUS SUPPORT GROUPS.
- **ADVOCATE FOR NEEDS:** PROMOTE AWARENESS OF THE UNIQUE NEEDS OF INDIRECT VICTIMS AND ADVOCATE FOR THEIR INCLUSION IN BROADER COMMUNITY SUPPORT SERVICES.

PROVIDES:-

- **SUPPORT GROUPS:** MONTHLY MEETINGS LED BY TRAINED FACILITATORS FOR SHARING EXPERIENCES IN A CONFIDENTIAL SETTING.
- **WORKSHOPS AND TRAINING:** EDUCATIONAL WORKSHOPS COVERING TOPICS LIKE TRAUMA-INFORMED CARE AND SELF-CARE STRATEGIES, WITH OPPORTUNITIES FOR TRAINING AS PEER SUPPORTERS.
- **ONE-ON-ONE COUNSELLING:** PROFESSIONAL COUNSELLING SERVICES AVAILABLE BOTH IN-PERSON AND ONLINE FOR PERSONALISED SUPPORT.
- **COMMUNITY EVENTS:** ENGAGING EVENTS THAT SPOTLIGHT THE IMPACTS OF DOMESTIC AND SEXUAL VIOLENCE, FEATURING GUEST SPEAKERS AND INTERACTIVE ACTIVITIES.
- **RESOURCE HUB:** AN ONLINE PLATFORM PROVIDING ESSENTIAL INFORMATION ON LOCAL SERVICES, LEGAL RIGHTS, COPING STRATEGIES, AND COMMUNITY SHARING SPACES.
- **ADVOCACY AND OUTREACH:** COLLABORATION WITH LOCAL ORGANISATIONS TO RAISE AWARENESS AND SHAPE SUPPORTIVE POLICIES FOR INDIRECT VICTIMS.

BEYOND THE SHADOWS IS HERE TO EMPOWER INDIVIDUALS AND FOSTER A SUPPORTIVE COMMUNITY.



Arts in Athletics

PART OF NINE RED PRESENTS' "ARTS IN ATHLETICS" CAMPAIGN, THE SQUASH IT! AND BE A SAFE ALLY (YOUTH) PROGRAMME FOCUSES ON EMPOWERING YOUNG BLACK INDIVIDUALS WHO ARE DIRECT AND INDIRECT VICTIMS OF DOMESTIC AND SEXUAL VIOLENCE

THROUGH SPORTS AND THE ARTS. "SQUASH IT!" INTEGRATES THE SPORT OF SQUASH WITH MENTORSHIP OPPORTUNITIES, WHILE "BE A SAFE ALLY" EMPHASISES POETRY AS A FORM OF SELF-EXPRESSION.

TOGETHER, THESE INITIATIVES BUILD RESILIENCE, FOSTER PERSONAL DEVELOPMENT, AND CREATE A NURTURING ENVIRONMENT THAT HELPS PARTICIPANTS NAVIGATE THEIR CHALLENGES AND FEEL SUPPORTED.



Squash It!



Be A Safe Ally

THE SQUASH IT PROJECT IS AN EMPOWERING INITIATIVE THAT UTILISES THE SPORT OF SQUASH AS A VEHICLE TO PROVIDE SUPPORT AND MENTORING TO YOUNG BLACK INDIVIDUALS. AIMED AT FOSTERING PERSONAL DEVELOPMENT AND COMMUNITY ENGAGEMENT, THIS PROJECT CREATES A DYNAMIC ENVIRONMENT WHERE PARTICIPANTS CAN CULTIVATE THEIR ATHLETIC SKILLS WHILE GAINING INVALUABLE LIFE LESSONS.

IN COLLABORATION WITH THE "BE A SAFE ALLY" PROJECT, SQUASH IT FOCUSES ON MENTORING AND COMMUNITY BUILDING THROUGH THE EXCITING AND FAST-PACED NATURE OF SQUASH. PARTICIPANTS ARE NOT ONLY TAUGHT THE FUNDAMENTALS OF THE GAME, BUT ALSO THE PRINCIPLES OF TEAMWORK, RESILIENCE, AND SPORTSMANSHIP. EACH SESSION IS DESIGNED TO CHALLENGE THEM BOTH PHYSICALLY AND MENTALLY, ENCOURAGING A STRONG SENSE OF DISCIPLINE AND COMMITMENT.

THE PARTNERSHIP WITH "BE A SAFE ALLY" ENHANCES THE EXPERIENCE BY INTEGRATING A HOLISTIC APPROACH THAT EMPHASISES PERSONAL SAFETY, SELF-EXPRESSION, AND ALLYSHIP. THROUGH JOINT WORKSHOPS AND DISCUSSIONS, PARTICIPANTS ENGAGE IN MEANINGFUL CONVERSATIONS ABOUT THEIR EXPERIENCES, CHALLENGES, AND ASPIRATIONS, ALL WHILE FOSTERING A SUPPORTIVE NETWORK AMONG PEERS AND MENTORS.

THE SQUASH IT PROJECT AIMS TO EMPOWER YOUNG BLACK INDIVIDUALS, INSTILLING CONFIDENCE IN THEIR ABILITIES BOTH ON AND OFF THE COURT. BY PROMOTING MENTORSHIP THROUGH EXPERIENCED PLAYERS AND COMMUNITY LEADERS, THE INITIATIVE CREATES LASTING CONNECTIONS THAT INSPIRE PERSONAL GROWTH AND COMMUNITY INVOLVEMENT.

OVERALL, THE SQUASH IT PROJECT NOT ONLY CELEBRATES THE SPORT OF SQUASH BUT ALSO CHAMPIONS THE DEVELOPMENT OF YOUNG PEOPLE, EQUIPPING THEM WITH THE SKILLS, SUPPORT, AND CONFIDENCE THEY NEED TO NAVIGATE THEIR JOURNEYS AND BECOME ACTIVE, POSITIVE MEMBERS OF THEIR COMMUNITIES.





Women's Listening Circles.

WOMEN'S LISTENING CIRCLES: NPCC AWARD-WINNING LISTENING CIRCLES, LAUNCHED BY DCS DEE PERKINS AND CURRENTLY LED BY DCS ZARA BROWN, ARE CO-HOSTED BY NINE RED PRESENTS, (CIC) AND WOCIP. THESE CIRCLES ARE DEDICATED TO PROVIDING A SAFE SPACE FOR WOMEN WHO MAY HAVE BEEN VICTIMS OF CRIME OR MAY HAVE DIRECTLY OR INDIRECTLY EXPERIENCED DOMESTIC AND SEXUAL VIOLENCE, AS WELL AS THOSE AFFECTED BY INTERSECTIONAL DISCRIMINATION, SUCH AS RACIST SEXISM AND SEXIST RACISM. PARTICIPANTS ARE ENCOURAGED TO SHARE THEIR STORIES WITH STATUTORY AGENTS, LISTEN TO OTHERS, AND FOSTER A SUPPORTIVE COMMUNITY THAT VALIDATES THEIR EXPERIENCES AND PROMOTES HEALING.



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