



Butterflies

In Shades Of Grey

A SURVIVOR-LED HEALING AND
ADVOCACY PROGRAMME,

BROUGHT TO YOU BY
NINE RED PRESENTS... (CIC)



YOU ARE
NOT ALONE...



Social Enterprise

NINE RED PRESENTS... (CIC) IS A QUEEN'S AWARD-WINNING COMMUNITY INTEREST COMPANY FOUNDED BY INTERDISCIPLINARY ARTISTS DEBRA KNIGHT AND GORDON DAVIS. ROOTED IN THE TRANSFORMATIVE POWER OF ART, HEALING AND HERITAGE, IT WAS INCORPORATED IN 2006, IN THE FIRST YEAR THE CIC LEGAL FORM WAS AVAILABLE, AND REMAINS PART OF THE ONE THIRD OF THOSE EARLY CICS STILL ACTIVE TODAY.

THE ORGANISATION RECEIVED THE QUEEN'S AWARD FOR VOLUNTARY SERVICE IN 2016 FOR ITS WORK SUPPORTING SURVIVORS OF ALL FORMS OF ABUSE AND ENHANCING THE LIVES OF SOCIALLY DISADVANTAGED GROUPS AND DEBRA KNIGHT RECEIVED A UNITED NATIONS AWARD IN 2025 FOR HER WORK WITH WOMEN AND GIRLS. THROUGH ITS BELIEF IN "ART AS MEDICINE," NINE RED PRESENTS... (CIC) SUPPORTS HEALING, COMMUNITY ENGAGEMENT AND CULTURAL EXPRESSION, HELPING TO STRENGTHEN WELLBEING, CONNECTION AND CREATIVE GROWTH.

ITS WORK INCLUDES ARTS EDUCATION, HERITAGE PROJECTS, AND COLLABORATION WITH LOCAL ARTISTS AND ORGANISATIONS. NRP IS COMMITTED TO INCLUSIVITY, DIVERSITY AND ELEVATING MARGINALISED VOICES THROUGH THE ARTS.

CURRENTLY, NINE RED PRESENTS... (CIC) RUNS THREE PROGRAMMES WITH MULTIPLE STRANDS: BUTTERFLIES IN SHADES OF GREY, SUPPORTING DIRECT AND INDIRECT VICTIMS OF ABUSE; BEDFORDSHIRE VOICES, INCLUDING BEDFORDSHIRE'S POETRY TOGETHER CAMPAIGN AND NATIONAL YEAR OF READING PLEDGE ACTIVITY; AND RADIANT ROOTS, ITS COMMERCIAL ARM FOR HOLISTIC HEALTH TREATMENTS, CANDLES AND COSMETICS.

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...number of community projects including the AAVS Project which provides a package of support for domestic violence and rape by using holistic arts as therapy. She started the AAVS Project in 2007 and has since then been working with a team of artists and performers and the arts was a key in which she was able to gain confidence and feel secure in achieving a safer, brighter future.

...in the AAVS hearing and group that it is able to step out into the light and entered the comfort zone. Debra applied to audition for the Olympic Ceremonies, although still unsure if she would not be willing to do so, having enjoyed attending the auditions she stated: "her clients encouraged her to do the same in them for whenever it is they want to achieve."

Culture goes on the timetable for Lea Manor

The exhibition comes as part of a series of activities at Lea Manor, including the 'Lea Manor Open House' and 'Lea Manor Open House'.

...into various regions of the world as the school heads a variety of community groups from Leamington, including the Ghana Society and the...

...School will never be the same again... for four years on Friday, Year 9 students skip their usual timetable to take part in a unique initiative.

...The Devonian Britain Project... will be managed by...



...person believed that was the end of this particular journey and felt it was an experience enough for her to travel back to her home country to perform in the Pan-African dancing ceremony. This came in the form of a performance in the Pan-African dancing ceremony in London, which she performed in September 2012. Debra performed in the Pan-African dancing ceremony in London, which she performed in September 2012. Debra performed in the Pan-African dancing ceremony in London, which she performed in September 2012.



Debra Knight with Shaun Wallace from The Chase

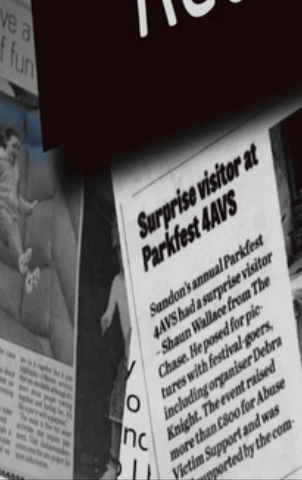


Debra Knight with Shaun Wallace from The Chase

Read All About It!



The Mayor of Luton Debra Knight



Debra Knight with Shaun Wallace from The Chase

Surprise visitor at Parkfest AAVS

Sandon's annual Parkfest AAVS had a surprise visitor - Shaun Wallace from The Chase. He posed for pictures with festival-goers, including organiser Debra Knight. The event raised more than £800 for Abuse Victim Support and was supported by the com...



Debra Knight with Shaun Wallace from The Chase

TV star Shaun joins 'Party with a Purpose'

Shaun Wallace from The Chase joins 'Party with a Purpose' at Sandon's annual Parkfest AAVS and raises money for Abuse Victim Support. Shaun Wallace from The Chase joins 'Party with a Purpose' at Sandon's annual Parkfest AAVS and raises money for Abuse Victim Support. Shaun Wallace from The Chase joins 'Party with a Purpose' at Sandon's annual Parkfest AAVS and raises money for Abuse Victim Support.

Family



NINE RED Presents... (CIC)

AT OUR CORE, WE ARE ART UNDEFINED – A CREATIVE PRACTICE THAT RESISTS LIMITS AND LABELS. FOUNDED IN 2003 BY DEBRA KNIGHT AND GORDON DAVIS, NINE RED PRESENTS... (CIC) GREW FROM A DJ AND POET COLLABORATION INTO A MULTIDISCIPLINARY ORGANISATION WORKING ACROSS ART, PERFORMANCE, HEALING AND COMMUNITY.

ART UNDEFINED EXPRESSES WHO WE ARE. IT REFLECTS A WAY OF WORKING THAT CROSSES BOUNDARIES, CHALLENGES PERCEPTIONS, AND CREATES SPACE FOR DIFFERENT VOICES, STORIES AND EXPERIENCES TO BE SEEN AND HEARD.

THROUGH OUR COMMERCIAL AND COMMUNITY WORK, WE RESPOND TO REAL NEEDS, SUPPORTING SOCIALLY DISADVANTAGED GROUPS, INCLUDING PEOPLE AFFECTED BY VIOLENCE AND MENTAL HEALTH CHALLENGES, THROUGH A HOLISTIC CREATIVE APPROACH.

THINK ART? THINK THERAPY: THINK NINE RED!





Butterflies in Shades Of Grey

THE BUTTERFLIES IN SHADES OF GREY PROGRAMME IS A HOLISTIC SUPPORT INITIATIVE FOR DIRECT AND INDIRECT VICTIMS OF DOMESTIC AND SEXUAL VIOLENCE. IT RECOGNISES THE COMPLEX IMPACT OF TRAUMA AND OFFERS SAFE, CREATIVE AND EMPOWERING PATHWAYS TOWARDS HEALING.

AT ITS HEART IS FREE, CONFIDENTIAL ONE-TO-ONE SUPPORT, INCLUDING COUNSELLING, ADVOCACY AND ART THERAPY. THESE SERVICES CREATE SPACE FOR PEOPLE TO EXPRESS THEMSELVES, PROCESS THEIR EXPERIENCES, AND BEGIN TO REBUILD CONFIDENCE AND WELLBEING.

THE PROGRAMME ALSO INCLUDES SPORTS-BASED SUPPORT, PERSONAL DEVELOPMENT AND COMMUNITY-FOCUSED ACTIVITIES THAT HELP PARTICIPANTS BUILD RESILIENCE, CONNECTION AND STRENGTH.

SERVICES INCLUDE THE AVS PROJECT, BE HEARD, BEYOND THE SHADOWS, SQUASH IT!, BE A SAFE ALLY (YOUTH), AND WOMEN'S LISTENING CIRCLES.

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The AVS Project

THE AVS PROJECT WAS STARTED IN 2001 BY SURVIVORS TO ADDRESS GAPS IN SUPPORT FOR PEOPLE AFFECTED BY DOMESTIC VIOLENCE, SEXUAL ABUSE AND RAPE. BUILT ON A "FOR US, BY US" PRINCIPLE, IT HAS GROWN INTO A QUEEN'S AWARD-WINNING, SURVIVOR-LED INITIATIVE.

TODAY, THE AVS PROJECT OFFERS FREE, CONFIDENTIAL ONE-TO-ONE COUNSELLING AND ART THERAPY IN SAFE, SUPPORTIVE ENVIRONMENTS. SUPPORT IS AVAILABLE TO BOTH DIRECT AND INDIRECT VICTIMS.

IN PARTNERSHIP WITH BEDFORDSHIRE POLICE, THE BE HEARD! CAMPAIGN ALSO SUPPORTS MEMBERS OF THE CARIBBEAN COMMUNITY THROUGH A CULTURALLY SENSITIVE APPROACH TO TRAUMA RECOVERY. THE AVS PROJECT CONTINUES TO OFFER HOPE, VOICE AND COMMUNITY-LED SUPPORT.



Be Heard

THE "BE HEARD" CAMPAIGN SUPPORTS WOMEN WHO HAVE BEEN DIRECTLY OR INDIRECTLY AFFECTED BY DOMESTIC AND SEXUAL VIOLENCE. IT ALSO RECOGNISES THE IMPACT OF INTERSECTIONAL DISCRIMINATION, INCLUDING RACIST SEXISM AND SEXIST RACISM.

LAUNCHED BY NINE RED PRESENTS... (CIC) IN COLLABORATION WITH BEDFORDSHIRE POLICE AND WOCIP, THE PROGRAMME CREATES A SAFE AND EMPOWERING SPACE WHERE WOMEN CAN FIND THEIR VOICE, ACCESS SUPPORT, AND BEGIN TO RECLAIM THEIR NARRATIVES.



BEYOND THE SHADOWS: INVISIBLE INDIRECT VICTIMS OF DOMESTIC AND SEXUAL VIOLENCE

Beyond the Shadows.

BEYOND THE SHADOWS SUPPORTS PEOPLE WHO ARE INDIRECTLY AFFECTED BY DOMESTIC AND SEXUAL VIOLENCE, INCLUDING FAMILY MEMBERS, FRIENDS AND WIDER COMMUNITIES. IT RECOGNISES THAT THE IMPACT OF TRAUMA REACHES FAR BEYOND THE DIRECT VICTIM.

THE PROGRAMME OFFERS A SAFE AND NURTURING SPACE FOR HEALING, EDUCATION AND COMMUNITY CONNECTION. IT HELPS PARTICIPANTS ACCESS SUPPORT, BUILD UNDERSTANDING, AND FEEL EMPOWERED THROUGH SHARED EXPERIENCE AND PRACTICAL GUIDANCE.

SUPPORT CAN INCLUDE GROUPS, WORKSHOPS, ONE-TO-ONE COUNSELLING, COMMUNITY EVENTS, RESOURCE ACCESS, ADVOCACY AND OUTREACH.



Arts in Athletics

PART OF NINE RED PRESENTS' "ARTS IN ATHLETICS" CAMPAIGN, THE SQUASH IT! AND BE A SAFE ALLY (YOUTH) PROGRAMME FOCUSES ON EMPOWERING YOUNG BLACK INDIVIDUALS WHO ARE DIRECT AND INDIRECT VICTIMS OF DOMESTIC AND SEXUAL VIOLENCE

THROUGH SPORTS AND THE ARTS. "SQUASH IT!" INTEGRATES THE SPORT OF SQUASH WITH MENTORSHIP OPPORTUNITIES, WHILE "BE A SAFE ALLY" EMPHASISES POETRY AS A FORM OF SELF-EXPRESSION.

TOGETHER, THESE INITIATIVES BUILD RESILIENCE, FOSTER PERSONAL DEVELOPMENT, AND CREATE A NURTURING ENVIRONMENT THAT HELPS PARTICIPANTS NAVIGATE THEIR CHALLENGES AND FEEL SUPPORTED.



Squash It!

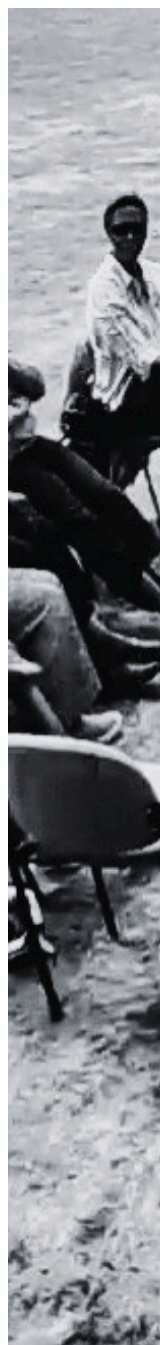


Be A Safe Ally

SQUASH IT! USES SPORT AS A VEHICLE FOR SUPPORT, MENTORING AND PERSONAL DEVELOPMENT FOR YOUNG BLACK INDIVIDUALS. THROUGH SQUASH, PARTICIPANTS BUILD CONFIDENCE, DISCIPLINE, RESILIENCE AND COMMUNITY CONNECTION.

TOGETHER WITH BE A SAFE ALLY, THE PROGRAMME ALSO CREATES SPACE FOR SELF-EXPRESSION, CONVERSATION AND PEER SUPPORT. THROUGH JOINT SESSIONS AND CREATIVE DISCUSSION, YOUNG PEOPLE ARE ENCOURAGED TO SHARE EXPERIENCES, DEVELOP LIFE SKILLS, AND FEEL SEEN, HEARD AND SUPPORTED.

BY COMBINING SPORT, MENTORSHIP AND HOLISTIC SUPPORT, THE PROGRAMME HELPS YOUNG PEOPLE GROW IN CONFIDENCE BOTH ON AND OFF THE COURT.





Women's Listening Circles.

WOMEN'S LISTENING CIRCLES ARE NPCC AWARD-WINNING SAFE SPACES CO-HOSTED BY NINE RED PRESENTS.. (CIC) AND WOCIP. LAUNCHED BY DCS DEE PERKINS AND NOW LED BY DCS ZARA BROWN, THEY SUPPORT WOMEN WHO HAVE BEEN AFFECTED DIRECTLY OR INDIRECTLY BY CRIME, DOMESTIC AND SEXUAL VIOLENCE, AND INTERSECTIONAL DISCRIMINATION.

THESE CIRCLES CREATE SPACE FOR WOMEN TO SHARE THEIR STORIES, BE LISTENED TO, AND CONNECT WITH OTHERS IN A SUPPORTIVE ENVIRONMENT. THROUGH LISTENING, VALIDATION AND COMMUNITY, THEY HELP PROMOTE HEALING, VOICE AND HOPE.

A black and white photograph of a vintage rotary telephone resting on a wooden surface. The phone is the central focus, with its dial and handset clearly visible. The wood grain of the surface is prominent, adding texture to the background.

CONTACT US

TO FIND OUT MORE, MAKE A
REFERRAL, OR EXPLORE A
PARTNERSHIP, PLEASE GET IN
TOUCH.

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